



Presents

Mr. Toad's Wild Run

Saturday December 3, 2011

8:00 a.m.

Join the Bakersfield Track Club (BTC) along with the Kern Council on Physical Fitness and Sports as they stage the race you love to hate and the race you hate to love. Mr. Toad's is the wildest ride on the toughest course for two legs in Kern County. Featured points include Hang Glider Hill, B@#+%*d Hill, and Mr. Toad's Gully. Tough aside, this course is the most fun you will ever experience in a run. In fact, it's an E - ticket ride you won't forget.

WHAT THE RACE FEATURES

- Original design competitor t-shirt (guaranteed for first 350 registered)
- Original awards in 10 year age groups
- 5k includes 12 & under, 13-14, and 15-19 year age groups
- Plenty of raucous aid stations
- Race announcer
- Post race refreshments for refueling
- Great music for hanging around
- Computerized timing and quick results
- Unpredictable weather which makes Mr. Toad's the exciting challenge it has become

REGISTRATON/ PACKET INFORMATION

- PLEASE PRE-REGISTER, it saves you \$5!
- **BTC members** get a \$2 discount on early registration.
- Pre-registration by mail must be postmarked by Saturday November 19th.
- You can register online at www.active.com
- Race packet pick-up & late registration available at Action Sports at Calloway and Brimhall on Friday, December 2nd, 3-6 p.m. (not before, not after!)
- Race day packet pick-up and registration 6:30-7:30 a.m. at Hart Park

POLLIWOG RUN - Just for Kids!

Children ages walking to 12 years can participate in a mini version of this fun run. For no cost, your child can blast 400 meters (approximately) down the hill into the finish chute! In the spirit of promoting running for fun and health, there will be no times or awards. Each child will receive a participant ribbon. We'll make a call for participants and then start at about 10:00 a.m.

A GREAT RAFFLE

Raffle tickets are available for purchase with your pre-registration AND on race day. Tickets are \$1/ticket or \$2/ three tickets. Great prizes guaranteed!



Mr. Toad's Wild Run

Mail Entry to: Mr. Toad's Wild Run
9306 Cannondale Drive Bakersfield, CA 93312
Pre-registration must be postmarked by November 19, 2011
Make Checks payable to BTC

20k & 5k

		Circle One	Circle One
Name:	Your Age:	M / F	Event: 20k / 5k
Address:			
Email:	Phone: ()		
BTC Members get \$2 off <u>early</u> registration.		Shirt Size: S M L XL XXL	
Early Registration: Until 11/19/11:	20k - \$25 (BTC \$23)	5k - \$22 (BTC \$20)	\$ _____
Late Registration: After 11/19/11:	20k - \$30 (All)	5k - \$25 (All)	\$ _____
Raffle Tickets	(\$1/one or \$2/three)	\$ _____	
Must Sign Waiver on Other Side			Total \$ _____

Find More Information at www.mrtoadswildrun.com
Register Online at www.active.com

Presented by
Action Sports

To Benefit the Scholarship and
Donation Efforts of the Kern Council
on Physical Fitness & Sports

WHERE IS THE RACE?

- From Highway 99, take Highway 178 exit heading east.
- Turn left (stop light) on Fairfax Avenue (just east of the Oswell Exit).
- At the bottom of the hill, turn right onto Alfred Harrel Highway heading east.
- Go 4 miles to Hart Park.
- Race start is just inside park entrance on the right.



PROCEEDS GO TO...

Kern Council on Physical Fitness & Sports (KCPFS). The council is dedicated to promoting fitness and wellness through physical activity and movement oriented lifestyles. Along with producing running events, wellness seminars, and fitness activities for children, the Council raises money for donations to physical education programs in local schools. It is widely known that people in our country don't make physical fitness a priority and millions are suffering from poor health as a result. The council recognizes that a difference can be made if children (and adults) are taught the health benefits of exercise. If they are given an opportunity to enjoy physical activity, they will adopt a fitness lifestyle that will serve them with years of health and happiness.

Bakersfield Track Club (BTC). The BTC is a long-standing organization that promotes fitness and camaraderie through running. The BTC organizes events throughout the year to give Bakersfield runners a chance to "show their stuff" against the clock or against the competition. Great friendships are built between club members through their common interest in running. Go to www.bakersfieldtrackclub.com for more information or to join the club.



Waiver: ALL ENTRANTS MUST READ AND SIGN

I acknowledge this event is an extreme test of a person's physical and mental limits and carries with it the potential for death, serious injury, and property loss. I HEREBY ASSUME THE RISKS OF PARTICIPATING IN THIS EVENT. I certify that I am physically fit and that I have sufficiently trained for this event. I hereby take the following action for myself, my executors, administrators, heirs, next of kin, successors and assigns, or anyone else who might claim or sue on my behalf, and I hereby waive, release and discharge from any and all claims, losses, or liabilities for death, personal injury, partial or permanent disability, property damage, medical or hospital bills, or theft which may arise out of or relate to my participation in this event. I agree not to sue, and to hold harmless any and all of the County of Kern, its officers, employees, agents, boards and commission, the Kern Council on Physical Fitness & Sports, the Bakersfield Track Club, Action Sports, The Canyons LLC and all property owners, all persons, sponsors, volunteers, participants or government agencies for any and all claims or liabilities that I have waived, released or discharged herein.

Signature of Runner

Signature of Parent/Guardian of Minor

Date